

Gaston *Alive!*

Home • Garden • Style • Fun • Food • Happenings



Celebrating American Cuisine
The Round Bistro
p12

Designing That Outdoor Living Space p14

Tomato Sandwich With A Twist!
p18

Local Original Songwriter's Nights p22

SVEDKA COLADA



\$2 OFF

Any Purchase Of \$20 Or More

Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie • 803-831-8161

With This Coupon. Cannot Be Combined With Any Other Offer. Offer Expires 8/15/2013.

\$5 OFF

Any Purchase Of \$50 Or More

Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie • 803-831-8161

With This Coupon. Cannot Be Combined With Any Other Offer. Offer Expires 8/15/2013.

\$10 OFF

Any Purchase Of \$100 Or More

Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie • 803-831-8161

With This Coupon. Cannot Be Combined With Any Other Offer. Offer Expires 8/15/2013.

Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie

803-831-8161



BP Gas Station <input type="checkbox"/>	Auto Zone <input type="checkbox"/>	Food Lion <input type="checkbox"/>
Lake Wylie Discount Liquors <input type="checkbox"/>	HWY 278 <input type="checkbox"/>	
HWY 49		
Bi-Lo <input type="checkbox"/>	Wal-Mart <input type="checkbox"/>	



1.75 Liter
only
\$18.99

SVEDKA
VOTED #1 VODKA OF 2013

Please Drink Responsibly

Now Serving Sushi At Our New Gastonia Location!

Sake Express

Japanese Steakhouse & Seafood

New Gastonia Location Is Now Open!



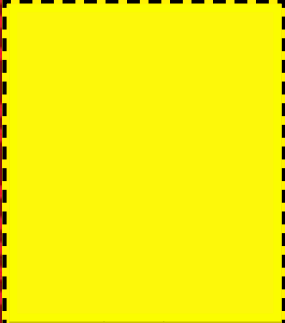
Mount Holly
349 W. Charlotte Ave.
Mount Holly, NC 28120
704-827-4819



Belmont
675 Park Street
Belmont, NC 28012
704-461-0400



Gastonia
1327 East Franklin Blvd
Gastonia, NC 28054
704-864-4466



STORE HOURS:

Gastonia and Belmont
Mon.-Sat. 11:00 a.m.-10:00 p.m.
Sunday 11:00 a.m.-9:00 p.m.

Mt. Holly
Mon.-Thurs. 11:00 a.m.-9:00 p.m.
Friday 11:00 a.m.-10:00 p.m.
Saturday 12:00 p.m.-10:00 p.m.
Sunday 12:00 p.m.-9:00 p.m.

*Gastonia location only.



Sake Express
Voted #1 Japanese
Restaurant In Gaston
County for 2013!



ASK ABOUT OUR SPOTON LOYALTY PROGRAM!



www.thesakeexpress.com

Selling Selling 704-825-SOLD • Selling Selling 704-825-SOLD



www.garibaldirealty.net

100 S. Main Street • Belmont, NC 28012

704-825-SOLD



Wendy Hostetter

Broker/Realtor in NC/SC
704-747-2995

wendy@sellinggaston.com



Chip Wilson

Broker/Realtor in NC/SC
704-488-5822

chip@sellinggaston.com



Edwin Sido



Jenny Granson



Penny Galop



Own a piece of history in downtown Belmont-retail building and train cars. Possible restaurant site. \$550,000 **CALL WENDY**



Bank-owned waterfront deal! 6 bedrooms and over 6,000 SF at Reflection Pointe. Priced to sell at a huge discount below tax-value. House has dock, balcony, large sitting area outside, three-car garage and much more. \$774,900 **CALL CHIP TODAY!**



Owner financing is available on this cute 3BR home in Belmont. \$189,000 **CALL WENDY**



NEW PRICE!

Beautiful full brick ranch with 4BD/3BA and easy access to I85. Amazing details, high ceilings, fenced rear yard! \$259,900 **CALL WENDY**



SHORT SALE

Breathtaking 4 BR/3BA home in Belmont South Ridge Subdivision \$254,900 **CALL WENDY**



Cust. built, all brick 3BD/2BA home feat. inlaid cherry HW, screen porch, unfinished bonus upstairs and all on 1.4Acre! \$254,900 **CALL WENDY**



TOO LATE!

Mount Holly Duplex with excellent return for investors! \$149,900 **CALL WENDY**



Beautiful brick 3/2BA home with detached garage. Excellent price and close to downtown Belmont. \$195,000 **CALL WENDY**



COMMERCIAL RENTAL

Approx 800HSF, spacious gathering room w/ large display windows, 3 add'l offices & 1/2 bath. Tons of parking! \$850 **CALL WENDY**



TOO LATE!

3BD/2BA home w/ large kitchen, den, LR & over 1600HSF. Very short walk to downtown Belmont! 8 Eagle Rd. \$1295 **CALL WENDY**

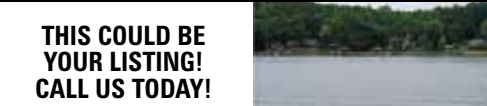


Beautiful waterfront lot at new price! Reflection Pointe at Lake Wylie. \$149,900

*** LAKE LOTS! * LAKE LOTS! * LAKE LOTS! * LAKE LOTS! * LAKE LOTS! * LAKE LOTS! ***



2120 and 2121 Wood Clough Reflection Pointe lots \$18,000 each



THIS COULD BE YOUR LISTING! CALL US TODAY!

3+ acres waterfront with long range channel views \$265,200



SOLD!!

3124 Ashwood Park - Reflection Pointe Bank owned lot \$19,000



LAND FOR SALE

1030 Pinnacle Woods Ct. 7.56 acres \$55,000



Laurel Woods & Crowders Woods Subdivision 24 lots at \$8,000 each or purchase bundle for \$140,000



17+ acres Archie Whitesides Road, Gastonia \$149,000



LAND FOR SALE

Belmont South Point Ridge Subdivision Only 11 lots remaining \$35,000 - \$45,000

King Pinnacle Lots

In Kings Mountain • 30 lots priced from \$19,000 to \$25,000

Excess and common space 94+ acres **\$275,000**

Selling Selling 704-825-SOLD • Selling Selling 704-825-SOLD

COMMUNITY ROOM AND
TEACHING KITCHEN NOW OPEN!



LEARN MOVE EAT LIVE

DISCOVER
YOU!

Discover YOU!, an interactive learning center focused on health, is fun for the whole family!

The Discover YOU! experience offers:

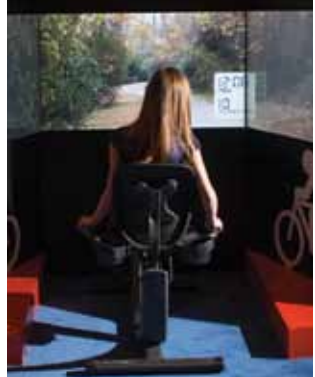
- 17 hands-on exhibits to entertain and inspire you to get fit, eat better and live a healthy life
- Chef-inspired cooking classes in our Community Room and Teaching Kitchen
- Space available for educational classes, birthday parties and other healthy gatherings

Schedule your visit today!

Call: 855.889.4YOU (4968)

Visit: www.discover-you.org

420 East Central Avenue | Mount Holly, NC



about the cover



This month's cover background was shot on location, and the cover subject was shot in studio. Our cover features Chef Jack Acheson of The Round Bistro, located on South New Hope in Gastonia. See related story page 12. Cover photograph by Rick Haitcox, production assistance by David Van Horne, cover graphic design by David James.

Gaston Alive! Magazine is published monthly in the Gaston County, NC area by Art FX Media. All editorial contained within is the property of the publisher and cannot be reproduced in whole or in part without written permission. The publisher accepts no liability for the accuracy of statements made by the writers or advertisers. ©2013 Art FX Media.

To be part of our team, or to submit art, photo or story ideas, please email us at: info@gastonalive.com

16 Oak Grove St.
Mt. Holly, NC 28120
www.gastonalive.com
704-827-9101

Advertising Info: 704.650.8330
info@gastonalive.com

Become a fan on



www.gastonalive.com
www.facebook.com/GastonAlive

12



12

CELEBRATING
AMERICAN CUISINE

14



14

DESIGNING THAT
OUTDOOR LIVING SPACE

18



18

TOMATO SANDWICH
WITH A TWIST!

22



22

LOCAL ORIGINAL
SONGWRITER'S NIGHTS



\$10 OFF

YOUR NEXT CLASS PACKAGE
(EXCLUDES NEW STUDENT SPECIAL
AND DROP-IN PRICES)

One coupon per customer please. Cannot be
combined with any other offer. Expires 8.15.13

AT THE MOUNT HOLLY DEPOT

- Daily Yoga Classes
- Beginners Welcome
- Family & Kids Yoga
- Private Instruction
- Yoga for Every Body



530 E. Central Avenue • Mount Holly, NC 28120 • (At the Mt. Holly Depot)
704-951-7107 • ontrackyoga.com

Lose 40 lbs in 40 Days.



In January, when my weight hit an all-time high, I knew I needed to take action. Ashamed I had let my weight get out of control, I decided to call Carolinas Weight Loss Institute. With Dr. Lidia Adkins strategic plan and expertise, coupled with dedication, I have successfully lost 44 lbs to date and have kept the weight off. I feel fantastic as I am no longer tired and sluggish. I feel blessed to be given a new lease on a healthy life. Thank you Dr Adkins from the bottom of my heart. You ROCK!

-Ashley

"If you are serious about losing weight
in 2013, I can really help you."



Dr. Lidia Adkins, PKT, D.C.

**Call For Your
FREE Consultation!**

CAROLINAS WEIGHT LOSS INSTITUTE

You can also schedule your Free Consultation by calling

1-800-496-1832

1846 E Franklin Blvd, Gastonia NC

www.carolinasweightloss.net



Ashley W. Cloninger
Went From Size 20 to Size 12!





Silver & Turquoise Show

July 11, 12, & 13

Facet Foundry
Jewelry Studio
530 S. New Hope Rd.
Gastonia, NC 28054

Cuts Plus: The Next Generation

Welcoming New Experienced Stylists!!



Cuts Plus

6117 W. Wilkinson Blvd.
(Across From Pack Brothers)
Belmont, NC

704-825-3630

- Cuts
- Color/HiLites
- Perms
- Waxing
- Styling
- Extensions



Lacey and Amber

\$10.00 OFF!

ANY COLOR SERVICE

One coupon per customer please. Lacey & Amber Only.
Cannot be combined with any other offer. Expires 8.15.13

\$10.00 OFF!

EXTENSION APPLICATION

One coupon per customer please. Lacey & Amber Only.
Cannot be combined with any other offer. Expires 8.15.13

YOU DESERVE A BEAUTIFUL, WHITER SMILE! COME BY FOR A FREE SMILE CONSULTATION!



SUMMER SPECIAL!
\$150 ZOOM
TAKE HOME WHITENING KITS*
(*INCLUDING TRAYS)

One offer per client please. Cannot be combined with any other offer.
Expires 8.15.13

*Now Welcoming
New Patients!*

- In-network with Delta Premier
- Comprehensive dental treatment for patients of ALL ages
- Zoom! Whitening

Blowe
Family
Dentistry



Blowe Family Dentistry

549 Highland Street • Mt. Holly, NC 28120

704-822-0007

blowefamilydentistry.com

We Do Framing!

We Absolutely Beat Big Box & Art Store Prices!



- We Offer:
- Cut glass while you wait
 - Frameless Showers
 - Insulated Window Glass Replacement
 - Stained Glass Repair
 - We do everything glass!

\$10 OFF FRAMING

Any order of \$50 or more.

Cannot combine with any other coupon or offer. Expires 8.15.13

704-922-8261

dallaspaintandglass.com

Dallas Paint & Glass

116 West Trade Street • Dallas, NC 28034

Same Strength!



Now In A Concentrated
Smaller Size!

Reach 38,000 Middle &
Upper income Consumers
for as little as

\$145 per month!

info@gastonalive

704-650-8330



RIDING LESSONS TRAIL RIDES



- ❑ Ages 5 Thru Adult
- ❑ Available By The Hour-Packages Are Available
- ❑ Private Or Group Lessons
- ❑ Western Style, Ask About Hunter Jumper & Dressage

Lewis Farm also offers:

- ❑ Birthday Parties For Children & Adults
- ❑ Weddings-Great Venue For That Country Wedding!
- ❑ Corporate Events
- ❑ Wedding Carriage Service- We Come To You!



Lewis Farm

330 Lewis Rd. • Gastonia, NC 28054

Robbie & Cathy Lewis

704-842-1208 • lewisfarm.org

We Build Beautiful!

We are Gaston County's most sought after landscaper! Why? Because we build beautiful!- on time and on budget.

Deason Landscape and Irrigation is a full service landscape company offering a wide array of services, including:

- ※Landscape Design
- ※Irrigation Systems - design, installation, trouble shooting and repair
- ※Low-voltage Lighting
- ※Garden Ponds
- ※Outdoor Fireplaces and Pits
- ※Stone and Brick Patios and Walkways
- ※Stone and Concrete Walls
- ※Drainage and Erosion Control
- ※Horticultural Maintenance



3731 S. New Hope Rd. • Gastonia
704-824-3363
www.deasonlandscape.com

FREE

HUNTER SOLAR SYNC RAIN
SENSOR WITH IRRIGATION
SYSTEM INSTALLATION.

One coupon per customer please.
Cannot be combined with any other offer. Expires 8.31.13

FREE

LANDSCAPE
CONSULTATION

One coupon per customer please.
Cannot be combined with any other offer. Expires 8.31.13

Are You Tired Of Mosquitoes?



Imagine being able to step outside into your yard without bug spray, tiki-torches, citronella candles and whatever else is "supposed" to keep them away.

We can **GUARANTEE** that fantasy.
No mosquitoes, no bites,
no problem!

Call for more information about
what we can do for
YOU and **YOUR** yard!

**ALL OUR PROGRAMS ARE
SAFE FOR KIDS, PETS AND PLANTS!**



704-999-1808

www.themosquitoauthority.com

- 3 Week Barrier Program
- Special Event Spray
- 2 Week Organic Program
- Misting Systems

FIRST APPLICATION

\$49.99

REGULARLY
\$75!

New customers only. Cannot be combined with any other offers. Expires 8.15.13.

REGISTER TODAY!



First Baptist Church Belmont Fine Arts Academy

art · banjo · cello · cookie-decorating · cornet · creative writing · dance · drama · drum-kit · etiquette classes/seminars
euphonium · flower arranging · flute · golf · guitar · homeschool art/music · jewelry making · Kindermusik
native american flute · oil painting · percussion · photography · photography club · photoshop · photo day trips
piano · pottery · preschool art · sculpture · string bass · string ensemble · summer music camp · suzuki piano
suzuki violin · suzuki guitar · tapestry weaving · trombone · tuba · trumpet · viola · violin · voice · weaving · woodwinds

2013 Summer Camps for All Ages!

www.fineartsacademybelmont.com

Certificate Available

Ph: 704-825-1547



[facebook.com/Fine Arts Academy of First Baptist Church Belmont](https://www.facebook.com/FineArtsAcademyofFirstBaptistChurchBelmont)

Blinds, Shades, Draperies, Shutters & More!



FREE In-Home Consultation!

- Personal Style Consultants
- Great Selection Of Brands And Styles
- "Expert Fit" Measuring And Installation
- Over 1,100 Consultants

We're The Right
Fit For You!

Signature
FABRIC TREATMENTS
By Budget Blinds

25% off any select Signature Series window treatment.
Offer expires 8-15-13
Plus-purchase 10 blinds or more and receive an additional 10% off!

Did You Know?

Real wood shutters are not only gorgeous, but they are also one of the most energy efficient window coverings available. Smart upgrades, including a tilt rod and motorization, make them easy to adjust. Call Budget Blinds today and we'll bring you our full selection of warm, rich stains and vibrant paint finishes.

Budget
Blinds

a style for every point of view™

Purchase 10 Blinds Or More And Receive An Additional 10% Off!

Call Budget Blinds
704-864-8778

Call us for a high quality, affordable and efficient shopping experience or visit us
online at www.budgetblinds.com.



L-R, Jack Acheson Sr., Ellie Acheson, Jack Acheson Jr.

What Do Great American Flavors, A Hometown Management Team, And A Circular Design Theme Have In Common?

The Round Bistro

Meet Chef Jack Acheson...

By David Hamrick

GA!: Jack, let's start with you- where you're from, where you went to school, that sort of thing...

Jack: I moved to Gastonia in 1993 from Ohio and graduated from Ashbrook in 1996. After bouncing around from college to college, I finally landed at The Art Institute of Charlotte where I studied in France as part of my training and received my degree in culinary arts in 2003.

GA!: You've been in the restaurant biz for a while..

Jack: I started cooking when I was 15 at Billie Jean's Grasshopper Farm, and since then have held every position in various restaurants. I love the creative side that being a chef allows me to explore.

GA!: Tell us about The Round- what was the idea or initial concept?

Jack: there are plenty of specialty restaurants; Mexican, Italian, Chinese, etc. We felt there was a need for a local restaurant that celebrates American cuisine.

GA!: You bring something different to the local dining experience...

Jack: The Round Bistro offers monthly regional inspired dishes from around the United States with a focus on freshness and originality. We are currently featuring dishes from the Pacific Northwest, with a cedar planked roasted salmon over Monterrey Jack cheese girts, and a pan seared apple strawberry halibut filet, and other tasty treats.

GA!: Tell us about the wine dinners...

Jack: Our wine dinners take place every third Thursday of every month. We choose a different wine region from around the world with Glenn Stryker, our sommelier with Mutual Distributors. This gives me the opportunity to work with ingredients indigenous to that region, and work hand in hand with Glenn to pair each dish with each wine.



GA!: What's on the horizon for The Round-what's coming up or in the plans?

Jack: We have all sorts of ideas bouncing around, a lot of which involve charity events with Cancer Services of Gaston County. This charity holds dear to our hearts, and it's nice to give back to our community any way we can.

GA!: The Round has turned out to be a family affair, hasn't it?

Jack: It really has. My father and business partner, Jack, retired this year from American and Efid after 34 years in the industrial sewing thread industry, and now has time to watch over the business affairs. We have also hired my sister, Ellie, as our general manager. Ellie has years of experience in the restaurant business as well, most of which was in fine dining restaurants in Uptown. The real boss though is Lydia, my 16-month old daughter, who walks the floor and keeps the employees in check.

GA!: Tell us a little about your philosophy of cooking, your favorite tastes, flavors, etc.?

Jack: I use only the freshest ingredients and the perfect amount of spice in each dish I create. I look at cooking as "building" flavors.



Regular patrons Mike & Blair

GA!: What would folks be surprised to learn about The Round?

Jack: Our great prices-I think one of the biggest misconceptions is that because we have such a varied and creative menu, that our prices are higher than chain restaurants, when actually we are very competitively priced. Also, the wide range of flavors and variety from behind the bar. Our very talented mixologist Lamar and his bar staff, are always introducing new recipes to our ever expanding specialty cocktail menu. We also feature awesome daily drink specials, including \$10 bottles of house wine on Mondays and \$5 martinis on Thursdays.

GA!: What was the funniest or most unexpected thing that has happened since you opened The Round?

Jack: It actually happened during construction. The first day of demolition, the rental lift arrived, and I was excited about being part of the demolition crew. I immediately got on and started to drive, and ripped a pipe out of the wall, flooding the entire building!

GA!: You've been on the local restaurant scene for a while- how does it feel to have your own place, and have it be so successful?

Jack: I have. Since I've returned from Greensboro and graduated from culinary school, I have had my hands in a number of restaurants in town. I really enjoy my creative freedom where the only restrictions I have come from myself. That keeps me driven.

GA!: What do you do when you are not being Chef Jack?

Jack: That's the easiest question in the world! I am Lydia's father. She is my life and driving force. I just want her to have everything she needs and wants!

The Round Bistro

2609 S New Hope Rd • Suite 9 • Gastonia, NC 28056

704-864-2791



theroundbistro.com

Hours: **Monday-Thursday** 11:00am - Until, **Friday - Saturday** 11:00am - Until, **Sunday** 11:00am - Until
Sunday Brunch Buffet: 11:00am - 3:00pm



The Home Stylist

By Jodi Kines



Jodi Kines –Jodi has a degree in Interior Design from Winthrop University, and is the owner of Plan-It Design, LLC in Belmont, N.C.
Contact Jodi: jodi@planitdesign.us



Photo courtesy of Abbe McCracken Photography.



Photo courtesy of Plan-It Design, LLC.

Bringing The Indoors Out!

With summer in full swing, many of us are spending more and more time outdoors. Most of us have a back patio, deck or natural area in our yard where we can set up a relaxing space to enjoy during the warmer months. In order to truly create a space that is usable and relaxing, you must bring some elements that are inside your home to your outside space. Creating your own personal outdoor living space can be a perfect way to extend the usable area of your home, allowing you to have more room to entertain, gather with friends and family or simply enjoy a peaceful afternoon snuggled up with a good book. The possibilities are endless!

Determine how you will use your space

Will it be a gathering space or a getaway space? Is it intended for entertaining guests, for gathering as a family, or as a small personal retreat? How you intend to use the space will dictate the size and the elements necessary to make it possible. If you want an area for cooking, you will need to plan for a grill or even brick oven. If you plan to spend summer evenings roasting marshmallows by the fire, you will want to consider adding a built-in fire pit or a safe area for a portable version. If you plan to use the area for quiet, relaxing afternoons, you may want to include a water feature for a more soothing atmosphere and even an area for hanging a comfy hammock.

Map out an ideal location

Typically, as an extension of the interior living space, you want the patio area accessible to the kitchen, dining and/or living area of your home for easy flow from one to the other as you entertain friends and family. However, if it's intended as a personal little backyard getaway, you may want to find a quiet corner tucked under some shade trees. Consider existing landscaping, proximity to neighbors, and how to maximize any ideal views from your home. Walk all around the property and look at multiple vantage points as you consider the location and orientation of your new outdoor space. Not all outdoor spaces need a hard surface as a base; you can nestle a table and chairs in an existing natural area, under a grove of trees for an instant dinner party space complete with shade canopy and privacy. Don't feel like you have to stop at just one space. Take advantage of every nook and cranny your property may



Photo courtesy of Cindy Graner.



Photo courtesy of Plan It Design, LLC

offer. Don't be afraid to use the entire backyard, carving out small, cozy areas that compliment a large entertaining area. You can even place different seating and conversation areas throughout to encourage guests to move throughout the landscaping.

Consider the size and the shape

The great thing about a patio is that you are not limited to a certain shape. Use your imagination and draw it out on the ground

with some landscape paint. People often underestimate how large an outdoor living space should be, especially if they intend to use it for entertaining. Consider how many people you will typically entertain in the space and try to design proportionately to your home. A nice rule of thumb is to try to match the dimensions of an interior living room space, if possible. The shape is often determined by the existing landscaping or topography. Try to work around existing trees (that can provide valuable shade!) and landscape plantings (which can save valuable budget dollars!). And don't forget the 'ceiling' – if space and budget allow, adding arbors, trellises or umbrellas can not only help define space, support climbing vines, and add a vertical pop of color, and also offer much-coveted shade on hot summer afternoons!

Choose the right materials & incorporate lighting

Let your existing home's materials drive these selections. Choose finishes that will complement the color and style of your home. Add ambiance to long, leisurely evenings on the patio by selecting the right lighting for the space. Landscape lighting, sconces, and pendants are all wonderful, more permanent options if your budget allows. Even the soft glow of café-style lighting strung overhead or the glow of oil lamps and candles can add just the right low-level lighting to your outdoor living space without breaking the budget.

Furnish your new 'room'

Consider how you plan to use your new space as well as the size and scale of space when selecting new furnishings. You want pieces that will last and that will be comfortable for you and your guests. Keep in mind most outdoor spaces are all about casual comfort, so steer clear of formal, fussy options. Many outdoor furniture options tend to be large scale, so pay close attention to the size and proportions of furnishings, especially dining tables and sofa/chair seating. Don't forget to include small pieces for accent tables for resting drinks or a good book; plant stands, vintage stools or even just a rustic, rough sawn chunk of wood can serve this purpose in a creative, unique way.



Photo courtesy of Abbe McCracken Photography.

Accessorize and personalize the space

As an extension of your living space, you want your outdoor patio area to reflect your personal style. This is also a wonderful place to inject that welcome splash of color you may have been hesitant to commit to indoors. Add some softness to the space with brightly patterned outdoor throw pillows and a bold outdoor rug. This will add some texture and give you a cozier feel. Use plants to add pops of color, fragrance, and interest around the sitting and entertaining area. Even consider adding a small potted herb garden near a dinner table to add a rich, fragrant smell and conveniently serve the cooking area. Use outdoor items in creative, unexpected ways; an old wagon or wheelbarrow can make a great drink cooler for keeping beverages on ice during an evening dinner party. Fill old mason jars, watering cans or pitchers with fresh cut flowers from around the yard for a fabulous finishing touch.

As the days get longer and the temperatures continue to climb, bringing a touch of the indoors out can offer a wonderful retreat for family and friends to gather, relax and enjoy summer evenings under the stars.





*Offer expires August 15th.

Does Your Teen Or Preteen:

- * Build healthy, strong, respectful relationships.
- * Change his or her thinking so they can be more happy!
- * Become stronger by learning to channel feelings into positive energy.
- * Learn not to worry so much what others think.
- * Appropriate for ages 12-18

ASK ABOUT OUR AWESOME SUMMER READING GROUP FOR CHILDREN IN GRADES 1-5!

Skills Covered In Summer Reading Sessions:

- * Learn to listen
- * Increase comprehension and concentration
- * Deal with ADHD

Call Today To Schedule A FREE Consultation With Kris Or Jodie!'

GENUINE COUNSELING SERVICES, PLLC

Kris Smetak and Jodie Smetak
Licensed Professional Counselors

704-674-7290

839 Majestic Court • Suite 9 • Gastonia, NC

www.gastoniacounseling.com

genuinecounseling@gastoniacounseling.com

Feel Good about your

Smile

and your dentist.



Family and Cosmetic Dentistry

Dr. James P. McCarthy, D.M.D., PA

1349-A East Garrison Blvd. • Gastonia

704.867.7988

jamesmccarthydmd.com



ScottFarmerProperties.com
704.822.2422

Scott Farmer
 CRS, GRI, Licensed NC
 Residential Real
 Estate Appraiser, Real Estate
 Broker, Realtor®

*Gaston Chamber's 2013 Heart of
 Business: Business Person of the Year*

Meg Farmer
 e-Pro, Real Estate Broker,
 SFR and Realtor®

Gigi Taylor
 Realtor® and Broker



French country **AND** lake views! \$729,000



Country Club area! 5 yrs old! \$570,000



Executive Elegance! European inspiration!
 \$570,000



Waterfront! 2nd living quarters! \$529,900



Elegantly appointed! 3 BR on main!
 \$379,900



Glenmoor! Updated! 4BR+Bonus! \$359,900



Extended garden! Vaulted areas! \$298,500



Walk to pool! Vaulted sunroom! \$270,000



2 story great rm! Great yard & deck!
 \$259,900



Feels like a mountain chalet! \$249,900



A retreat off Kendrick Road! \$219,900



Open plan & sunroom! \$194,500



Entertain in & out! Great flow! \$187,500



Crisp! Fresh! Updated! \$184,900



Updated master bath! Great plan! \$179,900



Commercial! Charming! \$179,900



Excellent floor plan! Pristine! \$169,900



Woodland Park! Basement! \$164,500



2 master suites! 2 living areas! \$154,900



Beautiful condo! River amenities! \$149,900



3-4 bedrooms! Convenient to I-85! \$144,900



27 beautiful acres! Bring your horse!
 \$127,500



Runnymede! 3 bedrooms! \$117,500



Full basement to finish! Large lot! \$110,000

Tomato Sandwich With Feta And Fresh Oregano

It started in June, but it seems about every cooking magazine has been focusing on Tomatoes. It's only natural given how great they are during the summer, but here in the South I feel the Tomato is held in special reverence.

Maybe it's because everyone around us is raising them (no matter how little space they have) or maybe it's because every farmer's market is filled with beautiful heirloom varieties with unique names and colors. Certainly our Southern pride runs deep and there is little better than a tomato fresh from the vine. The explosion of flavor is summer incarnate.

Because our local tomatoes are so great and because we are here in the South, I'm going to jump on the bandwagon for those few left who may not have seen a food magazine in the last 60 days.

The recipe today is as simple as the ingredients are fresh, we have been devouring these at the house.

Ingredients:

- *Tomato*
- *Oregano (or other herbs like Basil)*
- *Feta (or other cheeses like Asiago)*
- *Artisanal bread*
- *Extra Virgin Olive Oil*

Method:

Start with of course fresh tomatoes, slice them in about 1/4 to 1/3 inch slices, toast the bread lightly, you want it to be able to soak up some olive oil but not be 'crunchy'. Brush the toasted bread slices with olive oil, place tomato slices on bread and sprinkle with cheese, put the open faced bread/tomato/cheese under a broiler or in a toaster oven long enough to begin to soften the cheese and warm the tomato.

Remove from the oven and cover with torn herbs, the Oregano/Feta ends up being more Greek, and the Basil/Asiago more Italian, but it's all delicious. Try other combinations of cheese and herbs to make your own flavors.

Stronger and saltier cheeses make a great compliment to the fresh tomato. Other combinations might include Brie/Fennel, Aged Cheddar/Mint or Manchego/Parsley.

Till Next Month,
Glenn



twitter.com/cookwithglenn

Follow me on Twitter @CookwithGlenn to continue the culinary adventure.



Cooking

with Glenn





SPRING CLEANING? LET US HELP!

**We Leave The Container
You Fill It • We Haul It Away!**

Call Today! 704-825-7878

www.gotjunkortrash.com

For the convenience of our clients we proudly accept:  



Our containers have a low loading height and can be placed almost anywhere. They hold over 5 times as much as an average pickup truck.

**GRIFFIN
WASTE SERVICES
OF CHARLOTTE**

Gaston Alive! Special

\$20 OFF Your Next Order

~~\$225.00~~ (Reg \$245.00)

Have a 10 yd. open top container placed at your location for up to three days-includes haul away and one ton of trash or debris. Offer valid through 8.15.13.

WE'RE GASTON COUNTY'S #1 SOURCE FOR SCREEN PRINTING AND EMBROIDERING OF SHIRTS, CAPS, ETC., FOR EVENTS LIKE REUNIONS, COOK-OFFS, VBS, SPECIAL EVENTS, TEAM BUILDING AND CORPORATE AND SMALL COMPANY FUNCTIONS!

**Your Band!
Your Brand!
Your Logo!
Your Event!
Your Company!**

We Do:

- ✦ Embroidery—Shirts, Hats & More!
- ✦ Screen Printing—T-Shirts, Hats, & More!
- ✦ Athletic Trophies For All Sports
- ✦ Engraving
- ✦ Large Format Printing—Posters, Banners & More!

HOLDING A GOLF TOURNAMENT? CHECK OUT OUR COOL LINE OF COMPETITIVELY PRICED TROPHIES!

\$10.00 OFF

GOLF EVENT AWARDS
(MIN PURCHASE OF \$75)

Cannot be combined with any other offers. Expires 8.15.13.

FREE SETUP

ON ORDERS OVER 48PCS
(MAX OF 4 COLOR)

Cannot be combined with any other offers. Expires 8.15.13.



**Crystal Carolina
AWARDS**

Trophies - Printing - Embroidery



704.824.7644

Crystal Carolina Awards • 3826 S New Hope Road • Suite 19 • Gastonia • CrystalCarolinaAwards@gmail.com

\$2.25 per piece-no limit*

Must present coupon. Cannot combine with any other coupon or offer. Must be prepaid. Expires 8.15.13

\$2.49 CLEANERS*

PRICE LIST

- Dry Clean Items \$2.49*
- Comforters (any size) \$22.50
- Men's Laundered Shirts \$1.55
(with dry cleaning)
- Starched Pants \$3.50



	Franklin Blvd.
E 5th Ave.	Union Rd.
	E 6th Ave.
	E. Garrison Blvd.

Hours:
Mon.-Fri. 7:00 a.m.-7:00 p.m.
Sat. 8:00 a.m.-2:00 p.m.
Closed Sundays

704-869-9644

*Excludes Heavy Outerwear, Evening & Formal Wear, Household & Special Care Items

703 Union Road • Suite 1 • Gastonia, NC 28054

Dramatic Results!

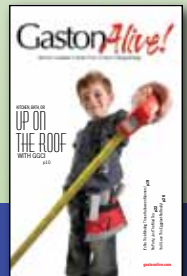
Remodel Is What We Do!



We offer:

- Design/build services
- Remodel/additions
- New construction

General Contractor With 22 Years Experience! Talk To Us About Your Needs, Ideas, And Budget-We Listen!



Serving the Carolinas and surrounding area.
GutterGuysConstruction.com • 704-879-4384

Max says, "Gutter Time!"



Jim Thompson & Son
704-879-4384

- Free Estimates
- Free Gutter Cleaning With Purchase Of New Gutter Protection



704-879-4384

\$100 OFF!

ANY LEAF PROTECTION SYSTEM
(MINIMUM 100 FOOT PURCHASE)

One coupon per customer please.
Cannot be combined with any other offer. Expires 8.15.13

facebook.com/GutterGuysConstruction



Give Us
A Call
Today!

Check Us Out @ www.myggci.com

MUSIC



by *Bil Jones*
bjones@gastonalive.com

ORIGINAL

Songwriters Night



Greek mythology established The Muses as the embodiments and sponsors of performed metrical speak or what we have come to know in modern times as 'music'. These goddesses of inspiration were held in high esteem and laid the foundation on which musical poets have established their creative outlets and even livelihoods. Musicians embraced The Muses thru the centuries and called upon them when in need of creative help or a supportive role in pursuit of their craft.



Gaston County carries on the tradition of The Muses at Freeman's Pub with an event dubbed Original Songwriters Night. This musical celebration is the creation of Amber Oglesby, manager at the Irish public house located in downtown Gastonia. Her love of original music and a desire to support and inspire, are the driving force behind this every other Wednesday eve happening. Amber enlisted the aid of local musicians Robert Johnson and Kennon Knight for the establishment of what has become a rapidly growing singer-songwriter movement here in the heart of our community.

OSN is sustained by a strong supporting cast, which includes Shane Combs of Organic Music PR as the social media strategist and Wes Cobb of WestArtVideo who expertly handles video and live streaming of each event. In addition to lending her incredible talents on stage, Shannon Lee also provides sound which allows each musician the opportunity to focus on their performance. Regular hosting duties of the popular event falls to percussionist Kennon Knight, with Luke Edwards and Grey Revell pulling duty as occasional guest host.

Some of the many singer-songwriters who have performed at OSN include; Robert Johnson, Kennon Knight, Grey Revell, Jeff Gates, Shannon Lee, Doris Smith, Bridget Bowlin, Luke Edwards, John Durham, Brent Bingham, Casey Ann Rasmussen, Sara Corbin, Nicole Monroe, Rob Williford, Brandon Carpenter, Bobby Ray Bittle, Joey Jefferies, Jasper Burgin, Chris McConnell, Todd Smith, Gary Harvey, Trent Glisson, Hannah Jacobson, Jesse Watson, Matthew Dixon, Garin Hyde, Ben Gatlin, Daniel Kutcher, David Gibson, Brandon Adams, Curt Collins, Keith Dudley, Todd Erickson, Scott Parry, Thad Collis, Jess Lynn, Steven James, Chelsea Rae Childers, Aaron Hargett, John Dwiggin, Steve Cogdill, and Ben Vance with the list of performers continuing to grow with every event.

Baring ones musical soul to the public can be a daunting prospect. The spirit of support and encouragement at Original Songwriters Night can best be summed up by Wes Cobb – "OSN gives musicians an opportunity to try out their songs in front of an attentive audience who understands the passion, the sweat and the tears that go into creating every note and every word of their songs."

The experience available to both the listener and performer at Original Songwriters Night is unique and rewarding. From first time performers to seasoned stage veterans, a broad spectrum of songs, styles and artistic aptitude is on display. Having had the opportunity to witness first-hand the talent at OSN has been an inspiration and motivation to my own song writing. The Muse has indeed come full-circle...

A handwritten signature in black ink that reads "B. T. JONES". The signature is stylized with a large, sweeping "J" and "O".

Want to go? Original Songwriters Night @ Freeman's Pub, Wednesday July 24th 2013
For video clips of Original Songwriters Night courtesy of WestArtVideo please visit;
www.youtube.com/user/westartvideo



FREE
Whitening Trays
\$300 Value!*

*Gentle Dental Care For
Children & Adults*

WVWH



Dr. Valerie Holmes Waddell • General Dentistry

1601 East Garrison Blvd.
Suite C
Gastonia, NC 28054
704-865-5252



*Welcoming
New Patients!*

Please visit us online at www.drvaleriewaddell.com

*Call for details.



Gaston County's School Band Headquarters!

- ♪ Gastonia's Premier Music Store!
- ♪ Band Director Approved Brands
- ♪ Rent To Own Programs Available
- ♪ Best Selection of Quality Instruments
- ♪ Complete Instrument Maintenance & Repair
- ♪ Your Band Instrument Headquarters Since 1968!



 **MUSIC CENTER**

940 E. Franklin Blvd. ♪ Gastonia ♪
704-861-1037

Stepside Deluxe

For Booking Information, Music Samples &
More Info Check Out

www.reverbnation.com/stepside deluxe

 Find us on facebook. @stepside deluxe



Monogrammed Beach Spikers!

Order Today For Your Summer Celebrations!



LibbyLou's
Gifts And Accessories
Is Inside The Teacher Box

Only \$12⁹⁹

STORE HOURS
M-F-10:00-5:30 • Sat.-10:00-2:00

730 Union Road • Gastonia, NC

704.868.8269 • theteacherboxcatalog.com



Oh, Baby!

Unlike basic portraits available through hospitals and retail mall studios, Haithcox Photography's techniques in Black & White portraiture will become your family's treasured works of art. Rick Haithcox is a sought after Award Winning Master Photographer who will craft these amazing images all in the comfort and convenience of your own home. A session with Rick makes the perfect gift.

HAITHCOX PHOTOGRAPHY

109 SOUTH HOLLAND STREET
DALLAS, NC 20834
704.922.7696
wrhphoto@aol.com

www.rickhaithcox.com

Do you suffer from headaches, neck pain or lower back pain?

If so we want to help!

- Personal Injury/Auto Accident Cases
- Workman's Compensation
- Sports Injury
- Children's Chiropractic Care
- Most Insurance Accepted



Belmont Chiropractic Staff

Licensed Massage Therapist On Staff

Safe and effective relief of headaches, neck pain and lower back pain.

704-825-9799

Free Consultation

To Discuss Your Health Concerns.
Most Insurance Accepted,
Cash Plans Available.

Your Gaston County Source For Roofing, Siding, Windows, Gutters, & Gutter Guards!

**NEED
SERVICE TODAY?
CALL NOW!**



We Install Replacement Windows And Siding!

**30
YEARS
EXPERIENCE!**



*Owner: Mark Zimmerman
Your Roofing Specialist*

- Fast On-Time Service with Straight Forward Pricing – NO Hidden Costs!
- Locally Owned Company
- Drug-Free, Background Checked Roofing Technicians
- Done Right the First Time
- Satisfaction Guaranteed!

\$500 OFF

WHOLE HOUSE WINDOW OR SIDING REPLACEMENT

Offers Expire 8-15-13. Cannot be combined with any other offers. Not valid on previously completed work.

\$150 OFF

ANY COMPLETE GUTTER GUARD SYSTEM

Offers Expire 8-15-13. Cannot be combined with any other offers. Not valid on previously completed work.



CALL NOW FOR A STRAIGHT FORWARD ESTIMATE!

704-820-6633
ZimmermanEnterprises.com

Gaston County Restaurant & Dining Guide

LEGEND	BREAKFAST	B	CATERING	C	\$	LESS THAN \$10
	LUNCH <td>L <td>OUTDOOR DINING <td>↑ <td>\$\$</td> <td>\$11-\$20</td> </td></td></td>	L <td>OUTDOOR DINING <td>↑ <td>\$\$</td> <td>\$11-\$20</td> </td></td>	OUTDOOR DINING <td>↑ <td>\$\$</td> <td>\$11-\$20</td> </td>	↑ <td>\$\$</td> <td>\$11-\$20</td>	\$\$	\$11-\$20
	DINNER <td>D <td>BEER/WINE <td>↓ <td>\$\$\$</td> <td>\$21 AND UP</td> </td></td></td>	D <td>BEER/WINE <td>↓ <td>\$\$\$</td> <td>\$21 AND UP</td> </td></td>	BEER/WINE <td>↓ <td>\$\$\$</td> <td>\$21 AND UP</td> </td>	↓ <td>\$\$\$</td> <td>\$21 AND UP</td>	\$\$\$	\$21 AND UP
	SUNDAY BRUNCH <td>SB <td>LIVE MUSIC <td>♪</td> <td></td> <td></td> </td></td>	SB <td>LIVE MUSIC <td>♪</td> <td></td> <td></td> </td>	LIVE MUSIC <td>♪</td> <td></td> <td></td>	♪		

AmberJack Seafood & Steaks

4253 South New Hope Road, Gastonia
704-824-5502 • www.amberjackseafood.com
\$-\$\$\$ ① ② ③ ④ ⑤

Center Street Tavern

115 Center Street, Cramerton
704-823-3000 • www.centerstreettavern.com
\$-\$\$ ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫

Friends Sports Bar & Grill

16 North Main Street, Belmont
704-825-1401 • www.friendsportsbarandgrill.net
\$-\$\$ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧

Joe's Touch Of Italy

503 S. Central Avenue, Belmont
704-825-2805 • www.joestouchofitaly.com
\$-\$\$ ① ②

Johnny B's Pizza Pad & Watering Hole

106 N Main Street, Belmont
704-825-8900 • www.jbispizzapad.com
\$-\$\$ ① ② ③

La Fuente Bar & Grill

3070 E Franklin Blvd, Gastonia
704-866-7744
\$-\$\$ ① ②

Lucky Samurai

116 North New Hope Road, Gastonia
704-852-3949
\$-\$\$ ① ②

Nick's Steak & Taphouse

182 S South Street, Gastonia
704-867-6777 • www.nicks Gastonia.com
\$\$-\$\$\$ ① ② ③

Old Stone Steakhouse

23 S. Main Street, Belmont
704-825-9995 • www.oldstonesteakhouse.com
\$-\$\$\$ ① ② ③ ④ ⑤

Rodi

245 West Garrison Blvd., Suite H, Gastonia
704.864.7634 • www.rodworld.com
\$-\$\$ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧

Sake Express (3 Locations)

675 Park Street, Belmont • 704-461-0400
1327 E. Franklin Blvd., Gastonia • 704-864-4466
349 W. Charlotte Ave. Mt. Holly • 704-827-4819
www.thesakeexpress.com
\$-\$\$ ① ②

Sharkey's Place

141 W. Main Avenue, Gastonia
704-867-7427 • www.sharkeysplace.com
\$-\$\$ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫

Tequila's Mexican Grill & Taqueria

238 West Main Avenue, Gastonia
704-867-8050 • www.tequilas Gastonia.com
\$-\$\$ ① ② ③ ④ ⑤

Thai House

4008 E Franklin Blvd, Gastonia
704-823-1797 • www.thaihouse.us.com
\$-\$\$ ① ② ③ ④ ⑤

The Farmers Fork

119 N. Main Street, Mount Holly
704-820-6030
\$-\$\$ ③ ④

The Round Bistro

2609 S. New Hope Road, Suite 9, Gastonia
704-864-2791 • www.theroundbistro.com
\$-\$\$ ① ② ③ ④ ⑤ ⑥ ⑦

The String Bean Fresh Market & Deli

106 N. Main Street, Belmont
704-825-3636 • www.stringbeanmarket.com
\$-\$\$ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧

To participate in the next edition, or for more information
contact us at 704-827-9101 or info@gastonalive.com

KIDS EAT FREE
Valid With One
Paying Adult Meal

One coupon per customer please. Cannot be combined
with any other offer. Tuesday - Saturday 5 pm - 7 pm.

\$5.00 OFF
Any Order Of
\$25.00 Or More!

One coupon per customer please. Cannot be combined
with any other offer. Excludes takeout and alcohol.
Valid Mon-Thurs. only. Expires 8.15.13

**Try A Taste Of The
Sunny Gulf Coast!**



Kids Eat Free!
Wednesday-Saturday

SHARKEY'S PLACE
141 West Main Ave. Gastonia, NC

**Gulf Seafood
At Its Best!!**

Hours:
Closed: Sunday and Monday
Tues.: 11 a.m. - 3 p.m./5 p.m. - Midnight
Wed.-Fri.: 11 a.m. - 3 p.m./5 p.m. - 2 a.m., Sat.: Noon - 2 a.m.

141 W. Main Avenue • Gastonia, NC • Ph: 704-867-7427 • www.sharkeysplace.com



LA FUENTE

Mexican Grill

Hours
Mon-Thur 11a-10p
Fri-Sat 11a-10:30p
Sun 11a-9p

**Buy One Entrée Get One
1/2 Off***

*With Purchase Of 2 Beverages, 2nd Entrée
Must Be Of Equal Or Lesser Value

One coupon per customer please. Cannot be combined
with any other offer. Expires 8.15.13

\$5.00 OFF
**Any Purchase Of
\$25.00 Or More**

One coupon per customer please. Cannot be combined
with any other offer. Expires 8.15.13

704-866-7744

3070 East Franklin • Suite #2 • Gastonia (Right Below Best Buy)



Shogun

JAPANESE STEAK HOUSE & SUSHI BAR



**Where Great Entertainment
And Fabulous Food Meet
Right Before Your Eyes!**

**BUY ONE ENTRÉE,
GET SECOND 1/2 OFF!**

**Of equal or lesser value. With
purchase of 2 drinks.**

Dine in only. One coupon per customer please. Cannot be combined with any
other offers. Does not include Imperial Dinner. Entrée. Limit one per table. Must
present coupon at time of order. Expires 8.15.13

\$1 OFF SUSHI

**Any Purchase Of
Shogun's Chef Special Rolls**

Dine in only. One coupon per customer please. Cannot be combined with any
other offers. Limit one per table. Must present coupon at time of order.
Expires 8.15.13

704-868-4168 306 East Garrison Blvd. Gastonia
[Water Tower Place]

For more coupons visit our website: www.ShogunGastonia.com





Join Us For Our
Sunday Buffet!!
11 a.m til 4 p.m.



Kids Eat FREE![†]

Tuesday, Wednesday and Thursday
4:00 p.m.-9:00 p.m.

Tuesday Night Is All-You-Can-Eat Alaskan Snow Crabs!

- ◆ Casual Dining
- ◆ Relaxed Family Atmosphere
- ◆ Fresh Seafood
- ◆ Tender Juicy Steaks
- ◆ Unique Flavors
- ◆ Beer and Wine Available

Hours:

Monday: Closed
Tues.-Thurs.: 11:00 a.m. – 9:00 p.m.
Friday: 11:00 a.m. – 10:00 p.m.
Saturday: 5:00 p.m. – 10:00 p.m.
Sunday: 11:00 a.m. – 9:00 p.m.

“AmberJack is by far the best place in Gaston County to get a great steak and fresh seafood, plus their service is outstanding!”

—Eli D.

704-824-5502

4253 South New Hope Road
(Old Lineberger’s Fish Fry location)
Gastonia, North Carolina 28056

**Daily Lunch
Specials Starting At
\$5.95!**



Got A Smart Phone?
Download a QR Reader to view our menu.
We look forward to seeing you!



Southern Railway Station, Cramerton, N.C., circa 1920

[†]Cannot be combined with any other offer. Dine-in only. †One free kids meal with each adult entree purchase. 10 and under. Cannot be combined with any other offer. Dine-in only.



Lucky Samurai

the **NEW** Taste of Japanese

116 N. New Hope Road • Gastonia, NC 28054

(in front of Westfield Eastridge Mall)

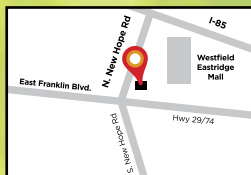
HOURS

Sun-Wed: 11AM - 9:30PM

Thurs- Sat: 11AM - 10PM



Find us on
Facebook



704-852-3949

Fast, Convenient Delivery

3-mi radius from restaurant
\$2 fee with \$10 minimum order

**DAILY
LUNCH
SPECIALS**

**M-F
11AM-4PM**

**UNIQUE
ENTRÉES**



**CASUAL
DINING,
TAKE-OUT
OR DRIVE
THRU**



Lucky Samurai

Buy One, Get One

FREE

ANY ENTREE with purchase
of (2) Pepsi or Tea Products.



Not valid on Delivery Orders. Cannot be combined
with any other offer. Expires 8.15.13



Lucky Samurai

FREE

Cream Cheese Roll
OR Egg Roll

with purchase of any Entrée.



Cannot be combined with any other offer.
Expires 8.15.13



Lucky Samurai

Steak & Chicken OR Shrimp & Chicken Combination

FOR ONLY **\$7.99***

with purchase of any Drink.
(*\$9.99 value)



Valid on Delivery Orders. Cannot be combined
with any other offer. Expires 8.15.13



DYNASTY BUFFET

SUSHI • STEAKS • SEAFOOD

Customer Appreciation Specials



Lunch **\$4.50**
Monday-Friday

Saturday & Sunday **\$5.50**

Dinner **\$6.99**
Everyday

2932 E. Franklin Blvd • Gastonia, NC 28056 (Behind Michaels)
704-853-2288 • dynastybuffetnc.com

WE OFFER A GREAT SELECTION OF DRAFT BEERS, BOTTLED BEERS, AND SEVERAL WINES BY THE GLASS.

PIZZA DONE RIGHT!

Voted "BEST PIZZA" in Gaston County!



Locally Owned & Operated since 2004. Signature hand-tossed pizzas, oven-baked hoagies, enormous salads, signature appetizers & the area's BEST WINGS!

106 N. Main St.
Belmont, NC 28012
704-825-8900



facebook.com/Johnny B's Pizza Pad & Watering Hole
WWW.JBSPIZZAPAD.COM

\$5.00 OFF!
ANY PURCHASE OVER \$25

One coupon per customer please. Cannot be combined with any other offer. Expires 8.15.13

\$2 PIZZA
GET A 14" TWO-TOPPING PIZZA WITH PURCHASE OF ANY LARGE SPECIALTY PIZZA AT REGULAR MENU PRICE.

One coupon per customer please. Cannot be combined with any other offer. Expires 8.15.13

LUNCH FOR TWO ONLY **\$10.00!** + tax

Includes 2 lunch specials and drinks (Lunch Special: 10" 3-topping pizza)

One coupon per customer please. Cannot be combined with any other offer. Valid 11 a.m.-3 p.m. Expires 8.15.13

What Is Your Plan To Lock In Your Gains?



Optimism

Relief

Hope

Depression

GA 0713

JoePat Roop,
Founder

Belmont Capital Advisors
is a Boutique Financial
Firm Specializing In
Wealth Accumulation,
Preservation, And
Distribution For Retirees.

At Belmont Capital Advisors we believe deeply that retirees deserve to enjoy what should be the most lighthearted period of their lives without having to worry about their financial security.

Every day we work hand-in-hand with our valued clients to make this happen.

Call us today to get started on a plan for your own worry free retirement.



Belmont Capital
ADVISORS, INC.

217 Glenway St. • Suite 100 • Belmont, NC

704-825-1560

www.belmontcapitaladvisors.com

Voted Best Of Gaston 2013 For Best Financial Advisor!

Securities offered through Kalos Capital, Inc. and Investment Advisory Services offered through Kalos Management, Inc., both at 3780 Mansell Rd. Suite 150, Alpharetta, GA 30022, (678) 356-1100. Belmont Capital Advisors is not an affiliate or subsidiary of Kalos Capital, Inc. or Kalos Management, Inc.